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FLYER

Vol. 39, Issue 12

Salisbury University's Student Voice

December 7, 2010



Adrienne Price photo

Bernard Livingston, a carpenter at Salisbury University as well as a clock-maker, holds up a piece of his work, which is currently displayed in the Atrium Gallery. He brings SU into his work, and made clocks from a tree located near The Commons that was struck by lightning.

By Diana Dwyer News Editor Dd15629@gulls.salisbury.

Bernard Livingston is a self-proclaimed "DIY kind of person." He has worked as a carpenter at Salisbury University for 18 years and handcrafts clocks in his spare time.

Livingston said he started woodworking to furnish his house out of necessity. He has built all kinds of furniture, including beds, a chest with drawers, cabinets and file cabinets. He has also worked in kitchens and bathrooms and on built-in units and freestanding pieces.

"I just had this idea that if someone else could do it, I could do it too," he said. "And that's sort of how the ball got rolling." Livingston said his

woodworking skills are all self-taught.

"I bought an 800-page book on modern cabinet making and read the entire thing," Livingston said. "Then I set to work practicing using the different types of tools. Over the years, I've progressed and

mastered all of them." Even though woodworking started as a necessity, he quickly developed a passion for the craft.

"I was really drawn to it and I really loved the tactile sensation of the wood," Livingston said. "I just loved the material and

Livingston translates his interest in 18th century American furniture into the pieces he designs. He extends his creativity to the kinds of materials he uses as well. A tree by the Commons was struck by light-

ning during a storm around

10 years ago, causing the leaves to fall and the bark to blow off the trunk.

"It was a big, big beautiful oak and I've always admired it." Livingston said. "I felt really heartsick at first because I knew it was probably going to die, but it managed to survive amazingly for about five years before it actually began to die. That's when I

expressed my interest in See CLOCKS Pg. 2

Chinese culture to be shared through upcoming performance

SU will host Huajin Dance Drama Ensemble of Shanxi on Dec. 13

By Melanie McAuley Staff Writer Mm57265@gulls. salisbury.edu

The colorful culture of China returns to Salisbury University once again on Dec. 13, when the anticipated and award-winning Huajin Dance Drama Ensemble of Shanxi will per-

With the choreographer of the Bejing Olympics, the Shanxi dance drama group will present a show full of quick and graceful movement - bright, colorful and moveable art. The group is composed of approximately 50 people who take on the challenge of dance, drama and the-

Each performance, whether a group or a solo act, tells a story and presents the Chinese culture through the medium of rhythm and dance. Some group titles include "Flower in the Rain,"

"Ode to Spring Drizzle, "and "The Thousandhand Bodhisattva." Some of the acts are illustrated through puppet shows, architecture and the unique lifestyle of the ancient North Chinese finance

"I feel so honored that we are hosting such a wonderful performance from China again," said June Krell-Salgado, director of Cultural Affairs.

"We are only one of two sites that this event is coming to and we hope to have a large turnout to greet the performers," she

The event is sponsored by the Embassy of the People's Republic of China, World Artists Experiences Inc. and the Office of Cultural Affairs.

Established in 2004, the Huajin Dance Drama Ensemble seeks to expand their ancient culture to different areas.

Their success is reflected by their honor of the National Stage Masterpiece Award.

"It's nice to see SU's

See CULTURE Pg. 2

Sea Gull Square construction ahead of schedule

New residence hall, set to open in fall 2011, is about half full

By Amanda Biederman Staff Writer Ab24064@gulls.salisbury.

As a quickly growing community, on-campus housing has become a concern for many Salisbury University students. However, the opening of Sea Gull Square next fall promises to help alleviate

these problems. The brand new, \$34 million apartment-style complex will house 605 students. The application opened in October, and with the deposits received, the building is already about half full.

"This is about exactly

where we had expected to be at this point," said Roger Becks, associate director of Housing and Residence Life.

Housing and Residence Life Director Dave Gutoskey said the project is going very well.

"At this point, Whiting-Turner (the hired contracting company) is actually ahead of the contracting schedule," Gutoskey said. "Every floor in the building has been framed and about 50 percent of the building has been drywalled. They're doing really well. We chose this contractor because they have a

See SGS Pg. 2

SU recognized for high amount of Fulbright scholars

By Mary Capper Staff Writer Mc33298@gulls.salisbury.edu

Salisbury University is quickly becoming a university to be reckoned with, as it is now well-known not only in the United States but also

throughout the world. Recently, SU has been named a top producer of Fulbright Scholars by The Chronicle of Higher Education. In the past 11 years, 13 different SU faculty members have been named Fulbright Scholars. Becoming a Fulbright Scholar is a chance for faculty or professionals in their field to do international work or study.

"It was a long and involved process," said Dr. Andrew Sharma of the Communication Arts Department, who traveled to Hisar, India as a Fulbright scholar. "It is very competitive and I obviously had to put my best foot forward. Things that we learned there made us see life in a completely different way once we got back to our home here."

According to the Fulbright program's website, th ization sends about 800 people abroad each year.

"This is a celebration of our faculty, or an indicator of what makes SU a Maryland university of national and increasingly international distinction," said Dr. Brian Stiegler, director of the Center for International Education. "Us winning (this honor) shows this faculty's commitment to an international dimension of teaching and learning."

The scholarship also presents an opportunity for international networking.

"I taught classes in American Studies and enjoyed my students there. One of whom came to SU where she has just completed her M.A. Degree in English," said Dr. Michael Waters, who traveled to Iasi, Romania as a Fulbright scholar. "I remain in touch with several students and colleagues and would do it again."

Although SU has produced 13 Fulbright Scholars, the University has yet to produce a student Fulbright recipient. To date, no students have applied with the university's help.

However, this year, there are two students applying, one of whom is Andrew Bond, a December 2010 graduate.

"It's such a great academic scholarship," Bond said. "The ability to teach, learn a language and do outside re-

See FULBRIGHT Pg. 2

ZTA sorority raises awareness and funds for breast cancer research

By Jim Stracke Staff Writer Js19094@gulls.salisbury.edu

Throughout October, there were many different organizations doing all they could to raise awareness, promote education and collect donations for National Breast Cancer Awareness month. Salisbury University's Zeta Tau Alpha sorority did their part by hosting many different campaigns and events.

With 55 members constantly participating in the events formally held during the year and everyday actions to raise awareness, there was a visible effort being put forth on campus. The sidewalks were covered in chalk messages encouraging students to "Think Pink" and "Wear

Specific events hosted by the sorority included "Pink Out Days," "Race for a Cure," and contributing before a Redskins game in October to hand out ribbons and educational breast cancer cards. To wrap up the month, the annual Mr. Zeta

pageant was held. The fundraising efforts are important to the chapter as a whole, and each sister participates in a different way, whether it be

big or small. "It takes many hours and meetings to plan and organize all the events, if I had to say in total, it would probably be around 100 hours, if not more," said ZTA President Katie Parker. "It takes a lot of planning on several people's parts throughout the semester, especially for our fundraiser chair, Kathleen Davis, and service chair, Catie Azarsa."

The biggest event for ZTA this fall was the annual Mr. Zeta Competition, as 20 male Salisbury students took their part in lending a helping hand. Senior Chris Henry was one of the contestants for Mr. Zeta, which took place Oct.

"It feels great to contribute to a cause like this," he said. "When the sorority members asked me to take part, I hesitated but knew it was a good thing to do. I made sure I told my friends to come down and interact as well."

Contestants strutted their stuff all night long in the Wicomico Room, where at the end of night, Haden Carlson was named Mr. Zeta 2010.

"Joining this sorority has been very rewarding not only

See CANCER Pg. 2

Wednesday, Dec. 8 African-American Churches of the Eastern Shore lecture Author and local historian Linda Duyer discusses vanished and surviving African-American churches of the Eastern Shore at 7 p.m. Wednesday, Dec. 8 at the Nabb Center. Admission is free and the public is invited. For information call 410-543-6312.

Ongoing until Friday, End-of-semester computer

information The TETC computer labs (TE-110 A&B and TE-116 A&B) are open 24 hours running through 5 p.m. Friday, Dec. 10. During finals week, the TETC computer labs are open 8 a.m.-midnight Dec. 13-16 and 8 a.m.-5 p.m. Friday, Dec. 17.

On Friday, Dec. 10, the Devilbiss Hall Room 205, Henson Science Hall Room 150 and Guerrieri Center Room 133F computer labs close at their normal times and do not reopen until

the spring 2011 semester. Faculty are reminded that their finals are not automatically scheduled in the labs. See the SU website for more information. All computer labs are closed Dec. 18-Jan. 3. Only the TETC labs open for the winter term beginning Monday, Jan. 3. For a detailed schedule of lab hours visit http://www2.salisbury.edu/calendars/Program/calendar.asp?id=1

Ongoing - Friday, Dec. 17 Pet Supply Drive

SU's Blackwell Library holds its annual homeless pet supply donation drive, "Be a Hero For Homeless Animals," through December 17. Members of the campus and greater community may drop off dog and cat food, and treats, toys, litter, pet soap and shampoo, collars and leashes, nail clippers, brushes, newspapers, new or used towels and blankets, paper towels, household cleaners, bleach and laundry soap at the donation area near the circulation desk. Items collected benefit the Humane Societies of Wicomico and Somerset counties, allowing them to use their limited budgets for other items including cages and vaccinations. For more information call 410-543-6130 or visit www.salisbury.edu/library.

Cancer

Continued from Pg. 1

with the friends I've made but the opportunity to give back to others and contribute to a great cause," said senior Chelsey Mangum.

Parker said that the sorority was able to raise a little over \$1,000 for the cause.

Fulbright

Continued from Pg. 1

search will open new doors." Bond has already traveled to India multiple times, including a semester-long stay. He decided that he wants to go back to India again to teach, as an English Teaching Assistantship on a Fulbright scholarship. Bond is expecting to hear back from the program sometime in January.

According to Stiegler, students have to plan ahead to get into this program. He said students have to know that they want to apply to the program by about the end of their junior year and then start applying by the beginning of their senior year.

"The university is hopeful that the excellence in faculty will increase the number of student Fulbright scholarships," Stiegler

Clocks

Continued from Pg. 1

trying to preserve the wood." The cost of the wood is not factored into the price of a clock, only his labor and the cost of

"I tried to keep the prices low in hopes that if students wanted to own a piece of history of the University for themselves, they could take it wherever life might take them," he said.

It takes Livingston approximately 25 hours to build one

commitment to cultural diversity

and respect to the arts in action

awards," said junior Joseph Meir.

really a once- in- a lifetime op-

reputation for finishing early."

In addition to being timely,

"(Sea Gull Square) is the

Becks said the building will bene-

newest and greatest residence hall

in Salisbury," he said. "Each resi-

dent will have their own room,

and it's apartment-style so there

kitchens and living rooms, as well

will be access to the brand new

as the fitness room. Plus, there

will be high security (for stu-

At the Roastery (4:30-8 p.m.)

In The Bistro (4:30-7:30 p.m.)

"I think these types of events are

and not just in words and

Culture

SGS

fit students.

MONDAY

Continued from Pg. 1

Continued from Pg. 1

clock from the beginning stage of rough boards and cutting them and adding decorative elements, assembling and finishing. He created about 14 clocks featured in the Atrium Gallery show

> "I take a lot of satisfaction over the creative process," he said. "I enjoy creating something that prior to that didn't existtaking rough, raw material and creating something that's refined and usable. The thing that satisfies me the most is the joy and excitement of the people I build

portunity to see the great works

The Huajin Dance Drama En-

open to students and the public.

Admission is free and tickets are

Gutoskey noted that the new

building will improve SU's repu-

tation and attract more students.

ested in is the academic

programs," he said. "But after

portant factor. We've needed

more beds on campus for more

living in Sea Gull Square next

year with her friends, and is very

enthusiastic about the new build-

"When a kid is looking at col-

semble of Shanxi will be per-

forming in Holloway Hall

of other cultures."

not required.

in around 70 hours.

for when they see the finished piece and the appreciation they have for what I've done."

The clocks are for sale exclusively in the Atrium Gallery, located in the Guerierri University Center. The gallery is open Monday through Wednesday from 10 a.m. to 4 p.m.

"I appreciate the opportunity I've had to display my work here," Livingston said. "The feedback I've gotten has been very heartwarming."

11/19/2010 5:30 p.m. - 6:10 p.m. Theft Complainants reported their unsecured property was stolen while

11/19/2010 10:38 p.m. - 11:30 p.m. CDS (Drug Violation) Complainant reported a drug violation in the area of Chester Hall. The student has been identified and criminal charges are pending.

they were inside the main gym of

Maggs.

11/18/2010 - 11/19/2010 9:30 p.m. – 1:00 a.m. CDS (Drug Violation) Off-Campus Complainants reported they may have unknowingly ingested drugs while attending a party at an off campus location. Salisbury City Police has been contacted and the case is under investigation.

> 11/21/2010 2 a.m. Assault

University Police responded to Severn Hall for the report of a fight. All parties have been identified and order was restored.

11/20/2010 - 11/21/2010 6 p.m. – 6:25 p.m. Theft Complainant reported the theft of his skateboard from the Commons Dining Area.

11/22/2010 - 11/23/2010 8 p.m. – 2:45 p.m. Theft Complainant reported the theft of a bicycle from the Chesapeake Hall

bike rack.

For Cash!

DECEMBER

Check your book

prices with the SU

Bookstore first!

..9 a.m.-3:30 p.m.

....9 a.m.-5:30 p.m.

..9 a.m.-3:30 p.m

Buying and selling used textbooks saves

trees and other natural resources.

thru

"I like dance in general, especially from other cultures," said junior Natalie Aguirre. "After seeing the last Chinese culture dance showcase, I'm definitely Auditorium at 7 p.m. The event is going to go see the dance drama group when they come around. I know it will be spectacular."

> "I decided to live (in Sea Gull Square) because it looks like it's going to be great building and it

will give me a place to live for the

leges, the first thing they're internext three years," Myers said. However, the high cost is a heavy factor for some because by that, the first question they ask is paying the \$500 deposit, students where they'll be living. It's an imhave to commit to a full-year contract. The cost is \$675 per month for 12 months. However, than 17 years. Now we'll be able this could be helpful to students to accommodate more students." who are interested in taking summer and winter courses. Freshman Sophia Myers will be For more information on Sea

Gull Square, visit http://www.

DECEMBER

r/ bookstore

riday, December 10.

Friday, December 17

londay, December 6-Thursday, December 9...

Monday, December 13-Thursday, December 16 ..

salisbury.edu/housing.

EDITORIAL

Overheard: Do you feel genes influence infidelity?

Photos and article by Adrienne Price

This question was inspired by a Business Week article on the topic: http://www.businessweek.com/lifestyle/content/healthday/646957.html. How would you answer this question? Text 646-535-NEWS (6397) with your answer.



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effect." -Latosha Bateman, UMES senior and SU student worker

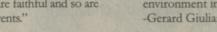


say that, but it has more to do with how you are raised and your values." -Courtney Donnelly, senior



my parents are faithful and so are my grandparents.'

-Lauren Crum, junior





"I think it's more nurture, your environment influences vou.' -Gerard Giuliano, freshman



"Genes are a part of it for sure.

-Henry Halbach, freshman

The Flyer

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Editorial Policy: Letters are welcomed and ENCOURAGED. Please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wed. at

Have you seen yourself in The Flyer? Stop ! GUC 215 Monday - Thursday 8:30 a.m. 3:30 p.m. with your flashdrive and we'll give you your pictures free of charge!

5 p.m. Please e-mail letters to

flyer@gulls.salisbury.edu.

Text The Flyer at 646-535-NEWS.

Do you use your brain or depend on drugs?



Staff Writer Jw15362@ gulls.salisbury.edu

weeks of classes and papers, club meetings, part-time jobs and late nights with friends, it's time for a long nap. Sorry, that's not happening be-

cause it's time to study! Professors have worked hard to make this next week of life as exhausting as possible.

Being totally unprepared adds yet another nail in the coffin. At this take your nap anyway, do a rain dance

By Jalissa Worthy and say a special prayer to the gods for luck, or cram like crazy. As a means of not wasting hardearned tuition money, option number

an over-stressed body that it's well the imminent week rested. Instead of the reality of havof exams! After ing four-and-a-half hours of sleep daily with an occasional mid-day nap, how are you going to induce that feeling of eight hours of rest for the last two weeks?

Don't feel too alone, though. Many of your peers have to make the same decision. All across the country, students are finding new ways to stay awake and focused in order to get that "A" their parents are hoping for. point there are three options. You can While many students still use this semi-traditional means, others are de-

three is seemingly the best choice.

The only problem is how to convince

ergy drinks or even buying prescription medicine to fight the almighty exam schedule. Although Red Bull may give you wings to fly through five chapters of chemistry notes, it doesn't take a crystal ball and a psychic to know that crashing is in the near fu-

In desperation, students seek out popular substances. "I had a novel to read with a 10

page paper to write. I didn't really have any other choice but to try it," said an anonymous student in reference to her first time trying Adderall, a leading medication aiding ADD and ADHD symptoms.

Various students resort to such med- crease your two natural sources of ications – whether prescribed or not – energy. Your body will thank you! to help focus while they study or take

pending on excessive amounts of en- exams. Relying on drugs, highly caffeinated drinks, and other over-the-counter supplements is never the best option. "I was already tense from anxiety; the pills made me more on edge," said another anonymous student about how the drug made him feel. When it comes to reviewing for exams or any

> a high tolerance for jump starting vour brain. The safest and healthiest way to go is time management, a good night's rest, and a balanced meal in the morning. Study and purposely in-

test, nothing is better than good old

fashioned brain power. As with a car,

you would rather not have to develop

Deck the dorms with holiday spirit By Pete Hicks own ornaments with your friends



Staff Writer Ph23698@ gulls.salisbury.edu

comes a time where people are llowed to make their houses as

bright, cheerful and obnoxious as humanly possible. That time is now upon us. It is the holiday season, adies and gentlemen.

Personally, I love decorating. The lights and colors everywhere make

me feel happy. This happiness may

be due to the fact that I associate the holidays with presents, food and no school.

Here in dorm rooms, fully expressing holiday cheer may be diffi- or cluster and hallway. The for the available decoration space, but the amount of decorations you can bring with you to school are also limited. So, I have decided to come up with a few solutions for

this problem. The first helpful solution is to take a journey down to Walmart, and buy a little fake tree. You can get a dorm-sized pre-lit tree for less

to make the tree special and more personal. You can also put paper snowflakes up around your room holiday, so everyone who lives with

you will be happy. To get yourself in the holiday spirit, go take a drive around Salisbury, and look at all the light decorations on the houses nearby. Some of these houses are very well deco-

rated and very fun to view. You could also go see a light festival. Every year, Salisbury hosts than \$20. Then, you can make your Winter Wonderland of Lights in

hosts a similar event, the Winterfest of Lights festival. This event is designed exclusively for riding a tram car though a park decorated with

There's really no need to sacrifice your holiday cheer or spirit just because you're at college. The break is almost here anyway, so you can enjoy the happiness of the season all you want when you return home. But who's to say you can't start now? You may find yourself celebrating the season like never

Ms. Advice

The world does not revolve around us

One of my biggest flaws is that I sometimes forget the world doesn't revolve around me or what I'm comfortable with. My life choices affect those around me even if I'm unaware. If I drive too fast through a 30 mph zone, I'm subconsciously accepting responsibility for the lives of people around me. If I leave the water running or a smelly dinner out all night,

my roommates pay the price. I heard a story about a girl who has two DWIs and still drives after drinking. She has definitely proven that she cares more about herself than her friends, or others she puts in danger on the road. So, it's important to sit back and reflect on how your actions impact others around you.

The biggest issues usually arise with others we live or work with. We all have to put up with issues involving our roommates. One of mine slams doors late at night. Unfortunately most of us aren't thinking about how a small decision like shutting a door may be disruptive to others.

The girl who inspired me to write on this topic has roommates that don't respect her schedule. Among other issues, she is woken up by them most nights of the week due to excessive surrounding noise. Her roommates are not considerate about her sleep or study time.

While it's our choice to live with such roommates in the first place, they still don't have the right to ignore the basics of being courteous.

We are all responsible for our feelings and how we handle them, but we are also responsible for how we treat others. I write this in hopes that you will all truly think about how you treat others. We cannot always accommodate every request given to us, but we can make adjustments and be flexible to some extent.

Please try to keep this in mind when you return for a new semester in the spring. Whether you have new roommates or the same, tell them you'd like to do what it takes to be as courteous as possible. Ask them what you can do to be a better roommate. If the request is within reason and everyone agrees, take the measures necessary to make changes for the better. Remember that you may be treated more nicely overall when you learn to put others before yourself.

-The Girl Next Door

Have a question for Ms. Advice? She'll be back after the break in the next issue of The Flyer. E-mail your anonymous questions to gullgirlnextdoor@gmail.com.

THIS WEEK'S PUZZLE:

9 2 9 8 5 6 9 4

LAST WEEK'S ANSWER:

8 9

For the answer to this week's puzzle, see: http:// sudokutoday.com/medium-sudoku-puzzle-i140-answers.html

SPECIALS Monday, Tuesday, Wednesday & Thursday College Nights w/ valid college ID 50 cents off game price \$1.50 Natural Light Drafts after 9 p.m. Valid college ID and Driver's License required

FRIDAY & Saturday Night Glow Bowl Friday 9:30pm to close; Saturday 7 pm to close

IN THE BISTRO: Sliced Ham • Baked Pork Chops • Spinach Lasagna

• Macaroni & Cheese • Candied Yams • Collard Greens • Green

Bean Casserole • Herb Dressing • Garlic Cheese Biscuits

AT THE ROASTERY: Fried Chicken • Mashed Potatoes • Green Bean

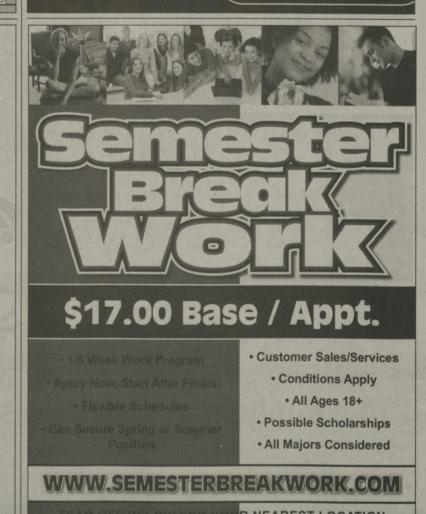
Casserole • Applesauce • Gravy

FOR DESSERT: Chocolate Cake • Pumpkin Pie • Pecan Pie

SUNDAY Color Pin Bowl Free game with strike on Color Pin after League Bowling

Call or stop by for open bowling

Cherokee Lanes 1524 S. Salisbury Blud. (410) 742-3030



NEAREST LOCATION proceedings
abstract on a
place of the
place Service Control Contro

Palestinian Infitada, part 3: The International Infitada



By Mike Gibb Staff Writer

By 1999, Ehud Barak had emerged as the left wing political leader of Israel. Not only was Barak figurehead of cessations. Barak was replaced by Ariel Sharon the Camp David summit, he was also considered head of

the Israeli peace process. After his inauguration, Barak promised a final peace settlement with the Palestinians to be completed within months. His famous last words served as a prelude to past talks and were an omen of the

The shortcomings of the Camp David talks

led to immediate political effects. Yasser Arafat, Though Israel claimed its intentions to rethe Palestinian leader, abruptly began to lose ng81465@gulls.salisbury.edu support. Israel avoided comprise over East Jerusalem issues, and the right of return led many to view the peace talks as a "smoke-andmirrors" affair. Israeli news reports blamed Arafat in spite of Barak's offering of historic

> after two years as prime minister. On the Israeli side, Camp David's defeat led to a rise in Likud support. On the Palestinian side of the argument, Camp David led to Hamas winning a noticeable majority in the 2006 Palestinian Parliament elections. In response to Hamas securing a majority democratically, Israel enforced a collective punishment upon the residents of Gaza.

strict the flow of illegal arms into Gaza, no official release of banned goods would be revealed. In addition, construction materials were prohibited until earlier this year, and ex-

ports from Gaza are still banned.

Earlier this year, the IHH Humanitarian Relief Foundation and the Free Gaza Movement sent a flotilla of humanitarian aid assistance ships toward Gaza. While still in international waters, the Israel Defense Forces raided the flagship Mavi Marmara, killing nine activists. It's important to note that the Rome Convention for the Suppression of Unlawful Acts ticle 3, expressly forbids anyone from seizing or exercising control over a ship by use or

threat of force in international waters.

This catastrophic event has strengthened an international boycott movement, including Turkey's recall of its ambassador to Israel. While Turkey is a primary Moslem ally of Israel, the country has served as an alternative monitor to the peace talks (as opposed to the

Overall, the Mavi Marmara attack in May awoke many members of the international community, as well as citizens, to the jingoist nature of the Israeli regime. If Israel continues down this path, the country will not only create an international Intifada similar to South Against the Safety of Maritime Navigation, Ar- African Apartheid resistance; they will share

Letters to the Editor

Re: "After dealing with economic problems, will Obama bring changes?"

as skewed and misinformed as most people are and clean water. Energy grants seem great, but about the current financial crisis. We can rant and rave about the success of President Obama college? Are they creating the right jobs? and his administration, but at what cost? Does it really does make sense to overhaul an entire

I am a TriCare patient living on the Eastern Shore. TriCare is run by the government's Defense Department. Recently, I woke up to a hernia giving me sharp pains in my side. After going to an immediate care clinic, National Naval Medical Center in Bethesda (a 4-hour commute one-way) and waiting in many civilian patient clinics, it took a long time to receive a full consultation for surgery to get my out of

I have had to reschedule my surgery consultation four times because of TriCare. And, none of my check-ups or physicals were considered pre-op work because I'm not dying and it read voluntary surgery." Are you kidding me? I did not elect to get this surgery done; I need it.

If the government cannot get one patient right, how are they going to help 30 million people by 2014? What about the people who cannot spend the money on gas to go on these run-arounds? What about those people who cannot afford the time to wait? Do you really want the government, who has thus far been pretty lenient on its own accountability, running your health, or making "end of life" decisions? Call me a small rift in big system, but I highly doubt the government can run anything effectively at this point.

Are you familiar with the Grace Commission? I suggest you look it up and see where all of our tax money goes and get a real understanding of who fund these programs the government seems to be so fond of. Pay a visit to Recovery.org; I'd encourage you to closely examine the balance sheets, though intense. Where is this money going? Much is going to

Your voice in The Flyer was well-rehearsed, and competition grants for energy and agriculture are they feeding families and getting us through

How many of those newly created jobs do you think are public sector? I bet it's a large nation's healthcare in less than one year? Bold? I number, like the 98,000 private sector jobs created since December 2007. How did the private sector do? 20,200 jobs created since December 2007. Wow, seems like a big difference to me. These government jobs aren't doing anything to create a boost in the economy.

Yeah, and buying GM really made everyone really happy, but think about the United Auto Workers, who decided to take wage cuts in order to compensate for increase in production. Their competitors at Ford weren't thought about when this government manipulation and favoritism took place. The wage manipulation and restructure of their financials are only going to hurt those workers and the union soon after the IPO hits and investors realize how

badly they screwed up their operations. Please do not start ranting about the public opinion of change in the country and how it is on the way with the current administration. I would read into the facts and look at the real political agenda of the administration on bringing change. Change would have meant pulling the troops out and ending the war. Instead, they accomplished the complete opposite. Change would have meant gradually making reforms to health care instead of injecting a plan that will cost us money and multiple drastic reforms when they witness its failure.

The political agenda itself if disgusting because of how the administration wants to remain in control.

I write this not to slander your article, just to educate you.

John Stockel, senior

Tim Spies announces city council candidacy

Salisbury has a problem. A very large

problem. That problem is crime. No advanced degree or long walk from campus is needed to appreciate the crime that exists in Salisbury, and that the problem is spreading. Murders, rapes, armed robberies, burglaries and other serious crimes are occuring in numbers hard to believe: over 900 in just over 100 days.

It doesn't have to be like this. My name is Tim Spies. I am a member of SU's Town & Gown and Neighborhood Relations Committees. A 1986 SU alumnus, my children (SU 2010 and SU 2013) and I live just a few blocks from the University. I care about Salisbury and all

that it can and should be. I have declared my candidacy for a 2011 Salisbury City Council seat.

I want your vote in April. My goal is to break the council-mayor deadlock that has cursed Salisbury for so many years.

Salisbury needs to move past the pettiness, pandering, politicking and divisiveness, most recently characterized by Council President Louise Smith's adamant refusal to bring even to discussion the mayor's anti-crime plan. Her action, in direct violation of the council's rules of order, more importantly ignores the findings of the mayor's Crime Task Force, a large group of professionals gathered from nearly a dozen local, county, state and federal entities to study the crime problem in Salisbury. Based on their recommendations, the mayor's five-point strategy empowers tenants, neighborhoods Tim Spies can be contacted at 410-219-5209 and the city to identify and suppress crimi- and at tspies@cavtel.net

nals where they hide and repeatedly endan-

Not allowing the council to determine the plan's worth in open dialogue, Smith tossed it aside in its entirety and allied with the local landlord association to cobble together a plan of her very own. After three months of work: some streetlights, surveillance cameras and a citizen patrol.

These are not strategies, but components of what might be a strategy. They are not new; all have failed here and elsewhere. Without teeth and without a comprehensive plan in place to accompany them, they are as Band-Aids on an arterial wound.

We must move positively and consistently in a unified direction to improve the city's health. In a healthy city, the health and well being of all within it becomes easier to achieve and maintain. Aggressively and effectively reducing crime comes first. We need to be direct and unwavering. We need to move.

I am not a politician. I have no hidden agenda. I have no ties to special interests. Salisbury must become safer to survive. Our city council has to work together to make that happen.

Whether Salisbury is home, alma mater or place of business, the quality of life that Salisbury offers is its most important asset, one that must be protected and nur-I know that this is true. I think that you

Register to vote. Vote responsibly. Salisbury needs you.

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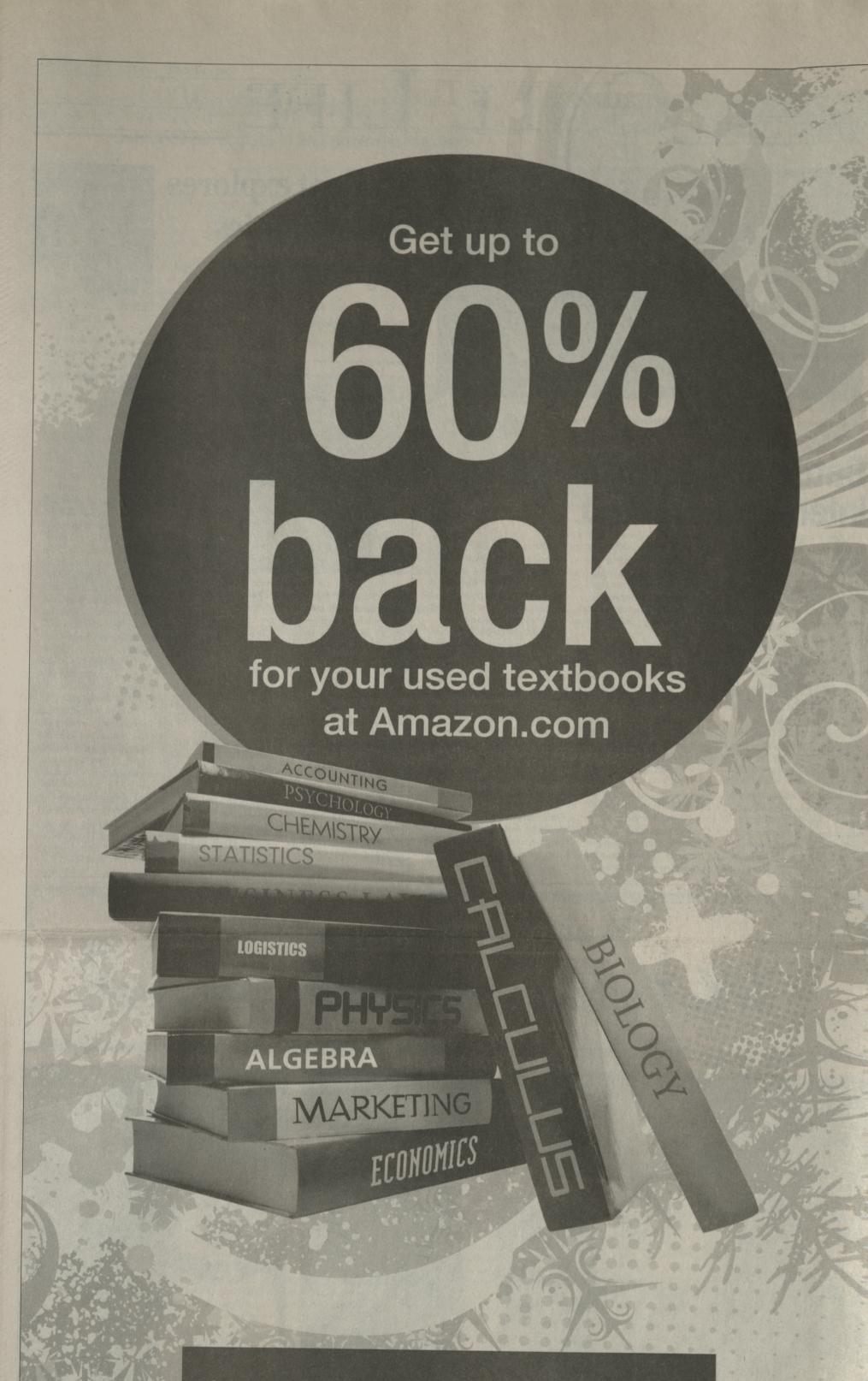
SU East Campus 216 Milford St.

410-677-0774

www.upsalisbury.com www.facebook.com/UPSalisbury







(You can sell back other stuff

like video games and DVDs too.)

amazon.com/buyback



The audience crowned Andy

fight, a sophomore majoring in

graphic design. Danny Flexner

Mitchell won third. The three

winners won gift cards of dif-

ferent amounts to Dick Blick,

"I think the Art Fight was a

success," said Andy Flexner. "It

was a lot of fun and we had a

decent-sized crowd who

seemed to enjoy the fight as

well. I would most certainly

participate in something like

Linzey would like to plan an-

other Art Fight for next semes-

ter. She said she hopes that

other students will carry out

her vision of making it an an-

nual event after she graduates

an art supply store.

this in the future."

took second place and Tyler

Flexner as the victor of the

art with a concentration in

Andy Flexner, Danny Flexner, Kristina Miedzinski, Randie Hovatter and Tyler Mitchell break in front of their work after a round of the Super Art Fight.

Battle of the artists sparks interest in Art Club

By Brittany Cooper Staff Writer Bc17056@gulls.salisbury.edu

SU Art Club hosted their first SU-PER Art Fight in Fireside Lounge Nov. 3 for a showdown. Five art majors showed off their top drawing skills in a four-round fight. With each round, the time shortened and the competition stiffened. Sarah Linzey, president of the Art Club, planned the event after seeing something similar in Baltimore. She has been working to gain interest in the club and to showcase the talents of students in the depart-

"People don't really get to see what Salisbury art majors are capable of and I wanted to do something fun to get people's minds off of finals," Linzey

dience members voted on who would make it to the next round. One artist was eliminated until only two remained. Some topics included Snooki from Jersey Shore, ninja-throwing stars and Ugg Boots getting

Jenna Swick, a senior at SU, said she enjoyed watching the artists compete. She viewed the fight while at a table selling artwork, jewelry and shirts to raise money for the Art Club.

"The stuff that they were drawing does not surprise me," Swick said. "I know all of them and their personalities really come through in their draw-

The last round of the art competition was a battle between brothers Andy and Danny Flexner. The final round theme was titled "a creepy Christmas." The audience gave At the end of each round, au- suggestions while they drew for

Student explores opportunities beyond major

of this business: helping

others. We truly make a

Prepaid Legal's mem-

living while making a

berships cover those

fee of \$35 a month.

customers aren't the

I am able to receive

commission by signing

people up who want to

work for the company

and I get around \$105

per person, which is

great money," Bock said.

"I get to meet new peo-

thanks to Prepaid Legal,

he is finally financially

"I live in University

contributes greatly to my

apartment bills and gro-

Felling said she also

"Prepaid Legal is the

biggest opportunity that

Felling said. "This job

myself, and it's also a

has been my first chance

benefits from working

ceries," he said.

for the company.

has come my way,"

Village, so the money

stable.

ple every day, and pick

Bock added that

only ones who receive

"Through advertising,

lawyer's expenses for a

However, the company's

difference."

By Kristina Jackereas most rewarding aspect Staff Writer Kj94017@gulls salisbury.edu

Even though Josh Bock is an exercise science major, business and who cannot afford a making money has always been important to him. Bock, a sophomore, is Sigma Phi Epsilon's future head of finance and a prominent member of Prepaid Legal, a company that

sells legal insurance. "Prepaid Legal sells legal insurance from speeding tickets to identity theft," Bock said. "I have a team of students from Salisbury who help advertise the business. Our job is to sign people my own hours." up for the membership, which includes low-cost

legal support." A few of Bock's team members consist of SU students Felipe Creighton, Chelsea Felling and Chris Stumbroski, as well as their executive director and number one recruiter in Maryland, Nathan

Bourne. "Josh is very coachable and has a lot of potential," Bourne said. "It's been a pleasure having him work with us to make something of and honestly that's the



potential career. Plus, joyable; he is understanding and open to new ideas."

Through his multiple advertisements around campus, Bock is attempting to get college students interested in Prepaid Legal.

"The company has been geared around adults, but by gearing it around college students, we can spread the word of Prepaid Legal even faster," Bock said. "We need to get more of the volved, and so far, we have students advertising at colleges such as Wor-Wic, Towson and University of Mary-

"We finally get a chance to help out those the company," Creighton velopment and working

working with Josh is en-

young demographics in-

Creighton said he enjoys advertising on college campuses.

who need it by encouraging students to join said. "I wouldn't even call this job work; it is more like personal dewith Bock is always a

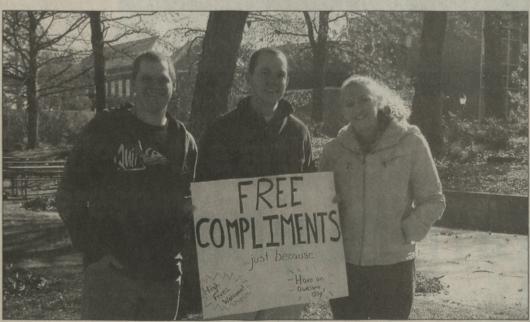
From the Photo Bank: What's Happening On Campus





Students modeled what to wear and what not to wear at the Dress for Success fashion show Dec. 2.

Sophomore Lakishia Banister checks out student artwork at the Senior Art Show. The exhibit runs until December 12 in Fulton's University Gallery and is open 10 a.m.- 4 p.m. Tuesday-Friday and noon-4 p.m. Saturday and Sunday.



Matt Goldman photo

Anthony DeNuto, Pat Gotham and Nora Ellenes offer free compliments in Red Square to celebrate "There is no 'S' without 'U," which took place last week.



Environmental Student Association President Jessica Johnson, Vice President Libby Young and Secretary Anitha Kerst get together during their fundraiser at Flavors.

Weekly Greek Sororities participate in first powderpuff game

By Amanda Kimmish Staff Writer Ak09722@gulls.salisbury.edu

On Nov. 18, Salisbury University's National Panhellenic Council hosted their first powderpuff football game. Sisters of Delta Gamma, Phi Mu, Zeta Tau Alpha and Alpha Sigma Tau were all divided into two teams, the Greek

Goddesses and Team Blackout. Fraternity brothers volunteered to coach the teams to victory. "Team Greek Goddesses won

DJ Spotlight: Hot

Students also work at Big

Wm99277@gulls.salisbury.edu

mixing it up on SU's radio

Students may have heard them

broadcast Hot New Tuesday, but

the talents of these two indivu-

Kenny Sikora, a.k.a. DJ Mixik,

founder of Big Sound Produc-

tions and Karl Levrebours, a.ka.

DJ Kalo, are boosting the scene

DJ Mixik and DJ Kalo got into

DJing the same way. Each had a

until they got the hang of it. As

things progressed, they bought

old equipment, upgrading when

"I like making people feel

fun...music has a way of trans-

forming a mood just by mixin' it

The duo first met when they

were placed as roommates.

good, seeing people have

good," Sikora said.

By Eric Buratty

Eb55419@gulls.salisbury.

If you've ever felt like

during your breaks from

doubt your outlook will

work or school, there's no

change for the better when

you become mentally and

physically active. There's

just something about stay-

ing engaged in daily activi-

natural adrenaline rush. We

We have the tendency to

like to stay "busy" even

seek out activities that bring us a sense of self-ac-

complishment, regardless

lieve a great deal of this

self-accomplishment is re-

of everyone's personal

ties that gives us that

when we aren't.

something was missing

Editorial Editor

friend who was a start-up DJ

who showed them the ropes

dals excel far beyond WXSU.

through their DJ talent all

around town.

they could.

New Tuesday

Sound Productions

By William Merlo

Staff Writer

insisting on a rematch," said Corinne Spence, vice president of the National Panhellenic Council at SU and a member of Delta Gamma.

Following the game, participants and viewers dined at The Deli, where 10 percent of purchases went to support SU Pan-

'The game was so much fun and got us to really interact with girls in another sorority besides our own," said AST sister and

what they might not know is that DJ Kalo (Karl Levrebours) and DJ Mixik (Kenny Sikora) host Hot New

"Coincidentally (Kenny's) my

roommate at University Village.

As things moved along during

"One day we decided to col-

laborate," Sikora said. "We play

all kinds of music from reggae,

From SGA's Respect Day and

Passion 4 Fashion's after-party,

to Big Sound Productions' new

2011, DJ Mixik and DJ Kalo will

While still in the making, Big

Sound Productions' BuryFest is

unleash your fitness potential

Stay in shape over break

bilities.

your body's current capa-

Make New Year's

resolutions short-term

I'm not a big fan of New

Year's resolutions because

people typically get in the

habit of focusing on too

and turning those into one

yearly goal. This mentality

is what leaves them falling

progress. So instead of

making a long-term yearly

goal, focus on one thing at

a time by breaking down

plish on a weekly or even

As a strong advocate of

fitness, my weekly goal is to

progress in my overall per-

formance during workouts

by increasing the quality of

reps of less, equal or even

more weight for select ex-

ercises. My daily goal is to

my body with healthy

sources of energy—for

ing workouts and when using my noodle. What are

your short-term goals?

Maximize the efficiency

I'm typically a big fan of

getting into the gym, but sometimes reality sets in

with weather and leaves

you with suboptimal driv-

often the case with winter

Exercise

DB Goblet Squats

DB Swings

DB Overhead Press

weather, so you have to re-

ing conditions. This is

of your workout space.

performing optimally dur-

do whatever it takes to fuel

daily basis.

many objectives at once

event BuryFest in Spring of

be mixing it up for SU for a

while.

lated to staying in shape

over breaks, so here are a

bonus workout since vou

know I'm all about fitness.

Realize that there's no

A true athlete or average

person that wants to main-

tain a lean body year round

understands that there's no

such thing as the off-sea-

son. While rest has its time

need to be activated often

activities and future work-

outs. The cliché, "if you

don't use it, you lose it"

cally if you want to maintain or improve upon

meaning for the word. I be- cised mentally and physi-

therefore needs to be exer-

Eric Buratty photo

DB Goblet Squat

and place, your muscles

so they're ready for daily

such thing as the

few reminders along with a

mentally and physically

to Top 40, hip-hop, club and

the semester, they decided to

We didn't even know each

other," Levrebours said.

Tuesday on WXSU and run Big Sound Productions.

in overtime, but Team Blackout is junior Erin Cherniak. "We normally just do events with girls in our own sorority, but this allowed us to all do something together." Spence said NPC will probably host the event again next semes-

> "I had so much fun and I can't wait to do it again," said sophomore Kyrie Drake, a member of

> To find out more about Greek Life, students can check out Pan hellenic Rep or IFC Representative on Facebook.

scheduled to be a big event. The

concert will bring in DJ's from

Baltimore and a secret special

"I had DJ Kalo do some mix-

ing at one of my parties before

Pro" and student Alessandro

Ricchiari. "He did an outstand-

ing job. The party was poppin'

all night and people were diggin'

Hot New Tuesday broadcasts

on Tuesday nights from 9-11

schedule them for an event.

e-mail bigsoundproductions

main indoors. You don't

workout, though. Regard-

less of season, the take

home point is to use bad

weather to your advantage.

How so? You'll begin to

understand the importance

of applying space-efficient

workouts, whether at a

crowded gym or in your

I'll expand more on

leave you with a teaser

space-efficient workouts in

the future. But for now, I'll

serious, specify that in your email, and I will be more

than happy to consult with

www.unleashyourfitnesspo

tential.com if you missed a

you. You may also visit

previous article in the

Explosive Reps in Circuit

5-6 reps

5-6 reps

5-6 reps

Perform 4-8 circuits of the following explosive circuit:

For a demonstration video, visit http://unleashyour-

fitnesspotential.com/stay-in-shape-over-break.

own home.

chart below.

have to miss a quality

@live.com.

Thanksgiving Break," said "Party



Photo submitted by Tyler Butle

Cast members from "Back to the Future" were a main attraction at a party celebrating the series' 25th anniversary and Blu-Ray release.

SU student recalls 'Back to the Future' experience

By Tyler Butler Special to The Flyer

On October 25, 2010, 25 years after Marty McFly traveled back to 1955 in his DeLorean, a cast reunion was held in New York City for actors and crew of the famous "Back to the Future" movie trilogy. The series, which focused around a high-schooler and his friend, an inventor, took the viewer on a trip through time as they visited 1885, 1955, 1985 and 2015. The series became an icon of the 80s. The party not only was to commemorate the movies, but to celebrate the release of the

trilogy on Blu-Ray Disc. The reunion party began at 7 p.m., but most had arrived long ahead of time. There was an exact replica of the BTTF De-Lorean on display outside the restaurant in the garden. There are only a handful of DeLoreans in the world that have been modified to look like the BTTF Time

Machine. To find out more information The car looked great, and lots of on Big Sound Productions or to reporters were milling about the car taking turns recording segments for use in evening broadcasts. Owners of the car Ken and Michele Kapalowski had actually driven this time machine down down from Toronto, Canada for

the event.

Also at the event early and milling about were Terry Holler Hollers drive around the country collecting donations for the Michael J. Fox Foundation for Parkinson's research. They were taking a brief hiatus from their were passing out flux capacitor them) to everyone they saw.

At 7, when they opened the doors to the restaurant, the place became a madhouse as the 200 inwas a blue carpet lined with phoographers already in position. One by one, the cast and crew made their way down the carpet. First to walk down the carpet was musician Huey Lewis, followed by actress Lea Thompson, actor Christopher Lloyd, director Robert Zemeckis, producer Neil

Canton, writer Bob Gale, actor Don Fullilove, actress Mary Steenburgen, and finally the man himself, Michael J. Fox.

Once the blue carpet event was over, most of the photographers left, and the real party began. We all moved to the upper floor of the restaurant, where they had several monitors playing the three different movies, a bar, a stage, and the best cake ever made.

After a brief Q&A session, the guests proceeded to the cake. This masterpiece was created by Duff Goldman, the "Ace of Cakes" from the Food Network. The cake was made to look like the time machine, with working headlights, tail lights, flux capacitor and even smoke coming from the vents on the back.

Before everyone could dive in, they filled two small troughs behind the cake with oil and lit it on fire, thus creating fire trails. Even with this cake. The stars went first for slices, with the rest of the at-

in their DeLorean Time Machine journey to attend this event. They private room. Fullilove, who pins (or "flashies," as Terry called

the celebrities were impressed tendees following behind. After the cake, everyone had a chance to interact more with the celebrities. The Hollers approached Fox first. They introduced themselves, and Fox knew immediately who they were. He

even hugged Terry and thanked them both for all their hard work They have spent so much time driving all over the country collecting money for Team Fox, ye they hadn't met him until the party. Fox gladly signed a sun visor for them.

After a few minutes of mingling, Fox, Lloyd, Lewis, and a few others made their way back to their played Mayor Goldie Wilson, continued to talk to people, with the attitude of, "I flew 3,000 miles to sign as many things and take as many pictures as you want!"

At this point, things had started vited guests poured inside. There to trail off, with most of the celebrities retiring early so they could be on the Today Show the next day. The party ended at midnight after a night filled with unforgettable memories.



oquito (Puerto Rican-Style Eggnog) • Roast Turkey • Prime Rib of Beef with Yorkshire Pudding (Great Britain) . Vegan "Sausage" Stuffing . Herb Stuffing • Sweet Potatoes & Pecans (Southern U.S.) • Jansson's emptation (Swedish Potato Casserole) • Green Bean Casserole (U.S.) • Christmas Red Cabbage (Spain) • Christmas Eve Broccoli (Italy) • Assorted Breads • Tres Leches Cake (Mexico, Nicaragua, Guatemala) • Trifle (Great Britain) • Sweet Potato Pie • French Apple Pie • Pumpkin Pie • Pecan Pie • Clementines



Career Services offers job and internship interview reminders

Submitted by Courtney E. Dennis Career Services Practicum Student

Nights start to run past 2 a.m., a pile of study guides and books serve as a new mattress, and nightly diets consists of Taco Bell, Red Bull, and a box of Cheez-its. What does this all mean? It's the end of the semes-

In these last final weeks as projects are being finished, papers are being written and exams are being manila envelope. Carry these

studied for, Career Services encourages students to remember everything they learned and apply cern about presentation, the that knowledge while searching for a job or an internship.

It is important to be fully prepared for interviews. This means having an updated and clean resume and cover letter that have been reviewed by Career Services. Career Services also recommends not to carry important pa-

pers such as a resume, cover letter, and other documents in a

things in a briefcase or presentable folder. If there is not a conemployer will notice.

stick to a suit. This does not mean a tuxedo — the outfit Another aspect of presentation is attire. Interviewees should to look business professional or business casual, depending on the advised that men get a haircut betype of job/internship that is being applied for. Ladies should Career Services also asks stunot wear open-toed shoes, or sixdents to take advantage of the inch heels. Closed-toed shoes with an inch heel are the most apjob and internship fairs, have repropriate. Also, females should

resume review days, learn how to makeup, or wear gaudy jewelry. be competitive in the job market Gentlemen should refrain from through the workshops that are wearing khaki pants and polos, held throughout the semester and read about job and internship alerts on the website. All these should include means dress pants, a dress shirt, a tie, jacket and prothings can better the chances of gaining the ideal career. fessional-looking shoes. It is also

From everyone at Career Services, good luck to all students during these last few weeks of school and have a safe and enjoyservices that they offer. Go to the able winter break. We're looking forward to the spring.

The inspired mind

By Jonas M. Gottlieb Staff Writer Jg15474@gulls.salisbury.edu

"Mellow is the man who knows what he's been missin', many many men can't see the open road." Robert Plant

There are many emotions evoked within humans. These emotions may often be activated by thoughts or memories of past events. Both good and bad emotions are beneficial because they allow for us to experience the full range of feelings which exist in the human reper-

With a good emotion we can acknowledge what makes us joyous. Conversely, bad emotions reveal lessons so we are able to avoid experiencing these feelings again in the future. However, feelings of negativity are the ones that contribute nothing.

Perhaps the most negative emotion that all people experience is regret. Regret is not a learning tool

Cg25409@gulls.salisbury.edu

way to make holiday cookies is

to buy pre-made dough, but

where's the fun in that? With

one basic homemade dough,

made. It's easy, fun, and is a fan-

tastic gift for family and friends

you love. Start with this basic

Snickerdoodles

Candy Cane Twists

Peanut Butter Kisses

Peanut Butter Cookies

Decorated Sugar Cookies

by adding names.

top of the cookies, sprinkle with sugar, and bake.

By Chelsea Grimm

Staff Writer

like a mistake; it is simply dwelling granted to us. We must take advanon what is gone, done and unalterable. This week I will look in depth at a quote from one of the greatest writers in music history, lead singer

of Led Zeppelin, Robert Plant. These lyrics are from the song titled "Over the Hills and Far Away." This title is a summation of the quote's message. In the distance, down the line in our lives everyone aspires to accomplish a goal of

The possibilities are endless if you choose for them to be. However, this quote speaks of the individuals who believe "far away" is so far that the destination is unreachable.

Before revealing the underlying message of this quote's components, the big picture of what the purpose of college is must be made clear. College is meant to expose each and every student to the options which are available to them in every field of study in every realm of the world. The opportunity to "see the open road" has been

One dough, plenty of cookies

baking powder

One egg, beaten

Everybody knows that the easy One-fourth of a teaspoon salt

sugar cookie dough recipe, from der and salt. Set aside. Place

Alton Brown and the Food Net- butter and sugar in large bowl

inch balls and rolls the balls in the cinnamon sugar mixture and bake.

gether, sealing at the end and crooking one end like a candy cane, and bake.

tons of different cookies can be One tablespoon milk

Three cups all-purpose flour

Three-fourths of a teaspoon

One cup unsalted butter, soft-

Sift together flour, baking pow-

Mix together one cup of sugar with two tablespoons of cinnamon. Roll cookie dough into two-

Divide your dough in half. Use red food coloring and knead it into one half of your dough, use as

much or as little as you like, depending on your desired color. Use dough balls from each color and

Form your dough into a log shape and slice into half inch thick slices, making a dent into the center of each slice. Drop in one teaspoon of peanut butter to each and press one Hershey Kiss on

Fold one-and-a-half cups of peanut butter into your cookie dough, form into a log shape, and chill

thoroughly. Slice and place on baking sheet. Using the tines of a fork, make a criss-cross pattern on

If you want plain sugar cookies, take a shot at dressing them up for the holidays. Color some melted white chocolate with red or green food coloring. Using a spoon, drizzle the chocolate, back

and forth, over the tops of the cookies and enjoy. Or buy some canned frosting, dye it whatever color you like, and frost your cookies, draw Holiday symbols on them, or personalize them for gifts

top of the peanut butter and bake. If you don't care for peanut butter, just add the Kiss.

form them into eight-inch ropes of one-inch thickness. Take one rope of each color and twist to-

of electric stand mixer and beat golden brown.

The word "mellow" in the context

not show cleavage, wear heavy

of this quote is serving as a synonym for the term subdued. Subdued people are those who realize something could be done to better their life, but choose not to act on that something, usually out of fear. It is as if this type of person numbs their conscience to their potential as a coping mechanism to reason that he or she is not accountable for the lack of success up to that point. They think negative by believing it's too late to take action, slowly allowing for regret to

College students must embrace, not limit, all that may lie ahead. These four years enable you to do anything and everything. Keep a positive persona and encourage yourself to be nothing like those described in this quote's analogy. This will allow for you to avoid regret and move toward new accom-

milk and beat to combine. Put

mixer on low speed, gradually

add flour, and beat until mixture

pulls away from the side of the

bowl. Divide the dough in half,

wrap in waxed paper, and refrig-

All of the below cookie varia-

greased cookie sheets and baked

at 375 degrees Fahrenheit, for seven to nine minutes or until

erate for two hours. Yields

about three dozen cookies.

tions should be placed on

she had to say .. until light in color. Add egg and

> The Flyer: Why did you decide to go to Salisbury University? Samira Burris: Mr. Leroy Satchel came to talk about SU at my high my attention when he told us about The Commons being the fourth best dining hall in the nation. I came during a multicultural visitation and fell in love with the

TF: Who is your favorite professor at SU?

SB: Professor Karen Rayne. She teaches my English 103 class. I like her because she is a challenging teacher. I try to get by on my charisma and charm, but she makes me have to do my work.

pers and onions, tortillas, and cov-

Meet...

sumes looked over during walk-in

By Sarah Krauss Staff Writer Sk32822@gulls.salisbury.edu

Meet Samira Burris, a freshman at Salisbury University. Born in Atlanta, Ga., Burris is a double major in Spanish and Guidance and Counseling. When she's not working for Shear Magic hair salon, Burris likes to decorate cakes, write poetry, travel and learn foreign languages. Her interests make her an avid member of SU's African Student Association, Caribbean Student Association, Union of African American Students, Gospel Choir and WXSU

Recently The Flyer had a chance to talk with Burris; here is what

TF: What is your favorite food

SB: Enchiladas, made with beef or chicken, a variation of bell pep-

Samira Burris

ered in cheese and salsa.

TF: What is the last concert you went to? SB: The last concert I went to was "Holiday Jam" featuring Omarion, Darmstadt, Germany and raised in Lil Bow Wow, Marques Houston, Dem Franchise Boys and Trey

> TF: What do you do when you are bored?

SB: If I'm not on Hulu, I am cooking or baking something.

TF: If you could be a star in any movie or show, who would SB: Bella in "Twilight", so I could diss Edward and pick Jacob.

TF: If you could have any profession, what would it be? SB: I would love to manage a

TF: Who is your role model? SB: My Uncle Prate. He was born school in Philadelphia. I originally in the 1940s but always stayed curmy cousins and I were aware of what was expected of us and where we could go in life, but also reminded us of where we came

> TF: What is a unique talent of SB: I can do lots of different

voices and I am good at making

TF: What is your signature say-SB: "Shout out to the fact that my name is Philly like the cheeses-

Thinking About Renting A Textbook Online?

A used book from the SU Bookstore sold back at the end of the semester is usually cheaper than renting a



Salisbury



SU Gospel Choir kicks off the month of December and the Christmas season with a Christmas Concert in the Wicomico Room the evening of Dec. 3.

SGA Corner

Submitted by Tanner Shepherd SGA VP of Public Relations

The SGA would like to remind everyone that last week celebrated respecting others, and we appreciate everyone who came out to the Respect Day event Dec. 2. SGA would like to remind everyone to not just pay it back, but to "pay it forward." Though we should always respect our fellow colleagues, we should also remember to respect our environment. This is why SGA has made it our priority to increase our campus' sustainability as much as possible. SGA will see what students think

Stress Free in the GUC

Room from 3:30 to 4:30.

For questions, e-mail

On Tuesday, Dec. 7, yoga spe-

professor Dr. Egan will lead yoga

and meditation in the Wicomico

There will be massage therapy

on Wednesday, Dec. 8 and Thurs-

day, Dec. 9 from 11 a.m. to 1 p.m.

cialist and communication arts

about making The Commons completely trayless in the future — aside from those with disabilities, young children and older people.

By going trayless, University Dining Services will not have to worry about using water to clean trays, so this will reduce the amount spent on water and energy bills.

It will also keep the student body conscious of the amount of food they consume so as not to waste trayless, such as Harvard and Princeton Universities, have reported reduction in food waste by 25 to 50

GUC, UFC host events before finals week

gucevents@salisbury.edu.

Fit 4 Finals at University

Events on Tuesday, Dec. 7 are e-

force racquetball demo at 3:30

p.m., ZUMBA challenge at 6:30

Events on Wednesday, Dec. 8

are racquetball tournament at 4

p.m. and basketball shooting con-

Fitness Club

test at 7 p.m.

SGA understands this may be challenging at first, but feels the ben-

efits will outweigh what some see as The SGA is also happy to announce that we have passed a bill increasing the Student Activities Fee by \$1 per student, per semester be-

ginning in fall 2011. These funds will help decrease prices for future events and provide the student body food. Schools that have already gone with better funded Registered Student Organizations on campus. We hope that everyone has a great winter Break, and we'll see you next year percent and also a reduction in water for an exciting spring semester.

p.m., RPM 90 minute challenge at

6:30 p.m. and ZUMBA challenge

Events on Thursday, Dec. 9 are

racquetball championship at 4

p.m. and Ms./Mr. ZUMBA 2010

p.m., bench press contest at 5

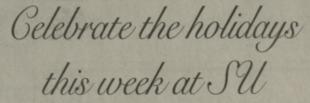
crowning at 7:30 p.m.

at 7:30 p.m.

Salisbury's newest (and most unique!) gift shop

Mon-Friday 9:30 a.m. to 4:00 p.m. Saturday 9:30 a.m. to 12 noon

Visit "Among Friends" on Facebook



A Fireside Holiday

will host A Fireside Holiday in the GUC Fireside Lounge at 7 p.m. Events include a performance by Squawkapella, ornament making, card making for overseas troops and an announcement of the 7th annual Tournament of Trees winner. There will be refreshments. For more information, see www.salisbury.edu/guc/gucevents.html

Photo Snow Globes At SOAP's Photo Snow Globes event, students bringing a Gull Card can get their photo taken and a company will put it into snow globes. The event runs from noon to 3 p.m. in the Fireside Lounge.

Winter Music Festival

holidays with its annual winter music festival, "Four Magical Nights," through Dec. 11 in Holloway Hall Auditorium. The Salisbury Pops, conducted by Lee Knier, continues the festival 7:30 p.m. Tuesday, Dec. 7. The Jazz Brazz Big bury.edu. Band, conducted by Dr. Jerry

Tabor, performs 7:30 p.m. Thurs-On Friday, Dec. 10, GUC Events day, Dec. 9, with a selection of swing and Latin tunes. The SU Percussion Ensemble, directed by Ted Nichols, also performs. Those two nights are free.

The festival culminates with the Salisbury Symphony Orchestra's annual Holiday Concert, conducted by Dr. Jeffrey Schoyen, 7:30 p.m. Saturday, Dec. 11. Sponsored by PNC Bank and Livingston, Hammond & Hill Wealth Management, LLC, admission is \$20, \$15 for seniors, \$5 for children 12 and under. For tickets visit www.salisburysymphonyorchestra.org. A pre-concert talk by Public Radio Delmarva's Bill Bukowski is 6:30 p.m. in the Great Hall of Holloway Hall. His talk is free with admission to the concert.

Free shuttles for evening concerts Salisbury University celebrates the run from the Guerrieri University Center parking lot to Holloway Hall from 6:30-7:30 p.m. and return following each concert.

Sponsored by the Department of Music. For more information call 410-543-6385 or visit www.salis-

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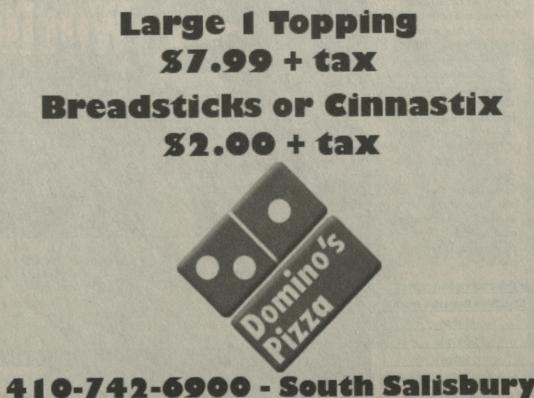
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SPORTS-

Like the NFL teams, fantasy player

"My biggest disappointment so far

has been Brett Favre," said SU junior

Alex Nohe. "Football legends don't

just die like he did this season and he

According to fftoolbox.com, the

has not met my expectations at all."

players most commonly drafted in

the top three this season were: Chris

Johnson, Adrian Peterson and Mau-

rice Jones-Drew, none of which are

"I would say the biggest surprise

in the top nine for fantasy points

has been Dwayne Bowe. He has

last three games," Halfpap said.

scored in seven straight games and

has at least two touchdowns in his

Bowe is currently the best fantasy

receiver this season based on ESPN

stats, but on average was the 20th re-

"Foster, whom I drafted kind of

wait for him to lay an egg one week

and he just keeps getting 100 yards,"

do not always follow their predic-

Rugby wins PRU championship



The Salisbury men's rugby team defeated Towson 19-13 to win the Potomac Rugby Union championship. Here, the victorious players pose with their coach, Bob "Doc" Davis. The win gives SU's team the chance to play in the Mid-Atlantic Rugby Football Union playoffs, which could lead to a spot in the national playoffs. Salisbury's team is ranked 7th in the nation. Students are encouraged to come to practices, which will resume early next

America's fantasy phenomenon

Fantasy football teams give fans the chance to be managers

semester and run 4 to 6:30 Tuesdays and Thursdays at the intramural fields. (Source: Zachary Hayes.)

By Evan Clifton Staff Writer Ec16912@gulls.salisbury.edu

Some National Football League fans may have lost faith in their favorite NFL team this season, but many have another kind of team to root for: their fantasy football team.

Fantasy football is a virtual competition in which people manage professional football players. Fantasy football places participants in the role of general manager, allowing them to draft, trade, release and add NFL players to their online rosters.

The fantasy football phenomenon was born in 1962 from three men in the Oakland, Calif. area, according to an article from sfgate.com. Until the widespread availability of the Internet, league "drafts" had to be conducted in person at large gatherings. Salisbury University Head Tennis Coach Randy Halfpap recalls playing

"It was much tougher back then because Yahoo and ESPN didn't have programs to calculate your points," Halfpap said. We did all of the points with newspaper stats and a pencil. Needless to say, it took forever."

Giants run over

control of North

fantasy sports before they were con-

Fantasy football now captivates over 23 million Americans during football season, according to an article on the Pittsburgh Post-Gazette website. This article covered a study by Challenger, Gray & Christmas Inc. that said this phenomenon has caused some businesses to lose pro-

ductivity due to workers tinkering with their rosters during the workday. People choose to play for different reasons, including keeping in touch with friends over long distances, competition and simply because they like

"I play to be more knowledgeable about upcoming games and for bragging rights over my friends," said SU

football

Fantasy football has created large revenue streams for restaurants and sports websites alike. In fact, through ad revenue, hosting websites and increased attendance to bars and restaurants, fantasy football can generate \$1 billion in revenue annually, according early, has been a big surprise. You

to the Post-Gazette article. "I now might care about a game Browns solely because I have a fantasy player from one of those teams," said SU assistant tennis coach BrenSpotlight Katie

McGahagan



Katie McGahagan

By Matthew Miller Staff Writer Mm55971@gulls.salisbury.edu

This week's Athlete Spotlight ocuses on sophomore women's basketball player Katie McGahagan. The Pasadena, Md. native is coming off of a week in which she recorded career highs in both points scored (14) and rebounds (25), all while leading her team to a 68-60 overtime victory over Stevenson University. Following the victory, the Sea Gulls improved to 2-2 and 1-0 in the conference. For her efforts, McGahagan was named CAC Women's Basketball Player of the Week. Following Salisbury's 75-67

How did you get into basketball? When did you start play-

victory over Hood College, Mc-

to answer a few questions.

Gahagan sat down with The Flyer

"I was kind of born into it. My dad played basketball and lacrosse, and it just became the way of the family. My brothers and sister all play too, so really I've just been playing since I could walk.'

Why did you choose to play for Salisbury?

"I first chose Salisbury because of the athletic training program, so it took my academic eye first. Then Coach Mapp came in contact with me, and I really loved the campus, so it was a perfect

How do you feel the season has gone so far?

In fact, Foster is the leading player in fantasy football but was drafted, or "I think we have gotten off to a average, only 74th overall. good start, we just need to keep pushing ourselves and keep improving and hopefully we can go

What are your goals for the rest of the season?

"Definitely working towards being a championship team, that's the ultimate goal. We just need to keep getting better and work together as a team, and hopefully we will be playing for a champi-

Recently you were named CAC Women's Basketball Player of the Week. How did that feel? "It was cool I guess, just to be in the spotlight was nice, and it came from a great team performance this past Tuesday where we were able to get a win."

What are you studying at Salisbury? "Athletic training."

What are your plans after college? "Definitely with athletic training I hope to be working at the collegiate level working with athletes like me.'

When you're not playing basketball, what do you like to do in your free time? "With sports I'm always busy, but

when I get some time I just like to chill out with my friends, watch movies, just typical stuff everyone else likes to do."

Do you have any specific pregame routines or rituals? "I always like to listen to music (to) get myself ready for the game. (I) definitely always got the iPod on. I usually listen to hiphop music before the game."

Redskins, Steelers take

Redskins fall to Giants 31-7, Ravens lose to Steelers 13-10

By Lucas Perito Staff Writer.

Lp72676@gulls.salisbury.edu

Mathematically, the Washington Redskins (5-7) are still alive, but the hopes for the playoffs all but whistled away in the Meadowland winds of East Rutherford, N.J., Dec. 5. The Redskins paid a visit to division rival New York Giants (8-4).

The Giants won the game 31-7. New York took the opening drive right down the teeth of the Redskins' defense by running the ball for 56 yards out of the 59yard drive. The Giants, with a depleted receiving core and a number of injuries on the offensive line, went back to their old ways of smash mouth football.

Salisbury graduate student Kyle Wilhite is "disappointed in the way the season has played out." Wilhite added he's upset with the coaches, but blame can go around to the offense and de-

The Redskins play the Tampa Bay Buccaneers (7-5) Dec. 12 as the Skins try to stop their two game skid.

Coming into the matchup in Baltimore, the Ravens (8-4) held the head tiebreaker over the Pittsburgh Steelers (9-3). After the game, Pittsburgh holds a one-game lead over Baltimore, and now has the inside track to a

potential first round bye. As always, defense was the

story in this American Football Conference North matchup. Bal timore would go up early with a 7-0 lead, but would leave the door open for their division ri-The Steelers defense would

come up huge with a sack forced fumble recovered by outside line backer Lamar Woodley. The turnover would come late in the fourth quarter and prove to be the pivotal blow to the Ravens. The Ravens "inability to run the football" was a big factor in this loss, said Salisbury senior

"The pieces are in place but w will not achieve Super Bowl status unless we have a running

During the defensive battle, Steelers quarterback Ben Roethlisberger would break his nose on a vicious hit from Ravens defensive tackle Haloti Ngata. However, the quarterback remained in the game. Roethlisberger imitated what Ravens quarterback Joe Flacco did three months ago, and threw the game-winning touchdown under three minutes re-

maining in the fourth quarter. Up next for the Ravens is an away game Dec. 13 against the high-powered Houston Texans (5-7) at 8:30 p.m.



Sophomore forward Nicole Sisco attempts to shoot the ball against her Southern Virginia opponent. Sisco is backed up by sophomore guard Katie McGahagan. The Gulls fell to the Knights 67-63.

Women's basketball misses shot against Southern Virginia

Gulls lose by only four points in Dec. 3 game

By Greg Weston

Gw16826@gulls.salisbury.edu

The Salisbury University women's basketball team (3-4, 2-0 CAC) lost a tough first game in the 2010 Optimist Classic against Southern Virginia University Dec. 3 with a final score of 67-

"(It was) disappointing," said head coach Charisse Mapp about the loss. "Hopefully this game was a lesson learned."

The girls came out strong in the first half, dominating ball possession and walking into half-

time leading the Southern Virginia University Knights by a score of 34-22. Mapp emphasized that the girls' defense needs

to improve as the season goes on. "(The loss) shouldn't have happened," said junior guard Glen Charlton. "We allowed (SVU) to get back into the game...they just wanted it more, I guess."

Charlton led the team in points with 18 and also emphasized that defense is critical in the team's

"Every possession matters," Charlton said. "We're supposed to play our game, and we just unfortunately had to conform to

Sophomore forward Katie Mc-Gahagan had eight rebounds and seven points, and junior guard Milan Dry managed seven re-

'Our team strength is our unification," Mapp said. "We rely so much on each other and one person can't carry the whole team.' The girls are now 3-4 after the 65-60 loss to The Apprentice School on Dec. 4.

"Our team's saying is 'Play together, play hard, play smart," Charlton said. "There will be an-

Looking back on the fall sports season







Matt Goldman photo . Sophomore quarterback Dan Griffin runs the ball past a Christo-

oher Newport player Sept. 11. Griffin is backed up by sophomore

2. Sophomore Kelly Vieira hits the ball over the net against her York (Pa.) opponent Oct. 27.

3. Junior midfielder Stafford Chipungu dribbles the ball when SU faced conference rival York (Pa.) Oct. 23.

4. Sophomore goalkeeper Melissa Orgera saves the ball from her

Dan Anderson photo

Frostburg opponent Oct. 23.

SPORTS BEAT * SPORTS BEAT * SPORTS BEAT

Sea Gulls Sea Gulls SPORTS BEAT * SPORTS BEAT * SPORTS BEAT

Swimming

The Salisbury University men's and women's swim teams traveled to yard backstroke (1:04.85) and 200-York, Pa. to face Capital Athletic Conference opponent York College Dec. 4. The men and women competed in a tri-meet with York and Goucher colleges. The women defeated both teams and the men fin-

For the women (3-3, 2-0 CAC), freshman Danielle Dunn led with two individual first-place finishes in both the 50-yard freestyle (26.38 seconds) and 100-yard breaststroke 140-65, and defeated York, 127-78. (1:09.95). Dunn, along with juniors The men defeated Goucher 127-78, Robin Stone, Jenna Petrella and sophomore Sarah Ault, finished first

in the 400-yard medley relay (4:18.51). Ault and Stone also took home first place spots in the 100yard IM (2:22.84).

For the men (3-3, 1-1 CAC), senior Joe Wisda placed first in the 100yard freestyle with a finishing time of 49.15 seconds. Wisda was also a member of the relay, consisting of senior Tim Metcalf, junior Steve Eyler and sophomore Paul Zoli. The four won the 400-meter freestyle in 3:21.71.

The women defeated Goucher, but fell to York, 124-81.

SPORTS BEAT * SPORTS BEAT * SPORTS BEAT

SPORTS BEAT * SPORTS BEAT * SPORTS BEAT



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Junior forward Jason Nwosu attempts to pass the ball to teammate, senior center Chris McGrew. Salisbury fell 55-53 in the 2010 Optimist Classic after a last minute basket by Southern Virginia.

One basket costs men **Optimist Classic**

By Aaron Bruce Ab68699@gulls.salisbury.edu

The home opener on Dec. 1 was a disappointment for the Salisbury University men's basketball team (3-4, 0-2 CAC). The game against Hood College featured a relatively large amount of players but ended in a frustrating loss.

The Gulls looked to open up their usual offensive game plan of feeding the ball down-low to 6'8" senior center Chris McGrew. Mc-Grew, who led the Sea Gulls with 21 points, was a force to be reckoned with in the paint. Each one of his touches warranted a double team, and the Hood defense began to make several adjustments throughout the game to nullify Mc-Grew's easy baskets.

In the first half of the contest, Salisbury found themselves playing catch-up for what would virtually be the entire game. The Blazers controlled most of the first half, as they went on a 20-6 run over the course of 11 minutes. Salisbury saw a single-digit lead for a brief bit at the 2:48 mark, only to let Hood's lead rise to 11 by the end of the

In the second half, the Blazers' lead extended to as much as 19 points. Playing from behind, the Sea Gulls struggled to sustain any type of offense because they had to

pick up their defensive intensity. The Optimist Classic Dec. 4 provided Salisbury with a chance to redeem themselves in front of the home crowd. The Sea Gulls opened up the tournament Dec. 3 against Anna Maria College from Massachusetts. This time, Salisbury would not disappoint as they gathered a 68-40 victory over the AM-

Salisbury, led by senior guard David Pearman, jumped out to an early lead that they would never look back from. Pearman, who had 15 points in the first half, helped Salisbury enter halftime with a comfortable cushion of 41-21.

The second half produced the same results. Salisbury stumped the AMCATS with their defense. The AMCATS were limited to one-shot opportunities, and had difficulty defending Salisbury's rather forwardlike guards. In fact, the AMCATS' 40 points were the lowest amount of points given up by Salisbury in the Optimist Classic contests. "We really just wanted to come

out here and get a hand on the shooters defensively," said senior guard Eric Johnson.

They executed this to perfection. With the Gulls riding a high into the championship game, expectations were high. The game featured a great three-point shooting team in the Southern Virginia Knights. Junior SU guard Justin Taylor said the game plan was no

"Close out on the shooters, and look for their inside presence, Mc-Grew early," Taylor said.

However, the Knights were ready for the Gulls as they forced Salisbury to fight their way back for the majority of the game. Salisbury, who fought hard, managed to tie the game at 53 with just over seven seconds to play in regulation. But, a three-pointer and a kick-out pass down court gave the Knights the lead again. From there a desperate heave at the basket was unsuccessful as the Gulls fell 55-53.

"It was a tough loss," said sophomore guard Dylan Robeson. Salisbury hopes to rebound Dec. 8 at home with a game against Marymount University. Tip-off will be at 8 p.m.

Sam Bradman up for Lacrosse Magazine honor

University men's lacrosse junhis play he was named the ior midfielder Sam Bradman was one of the breakout players of 2010 in NCAA Division III lacrosse last season and this year is expected to be one of the top players in the sport. This year, Bradman is the Year. one of four student-athletes nominated for Division III

Player of the Year and fans will get to voice their opinion released by Lacrosse Magazine. the group, will look to build off a season in which he totaled a career-high 85 points

SALISBURY, Md. - Salisbury on 58 goals and 27 assists. For 2010 United States Intercollegiate Lacrosse Association Division III National Midfielder of the Year, a first-team All-American and was the Capital Athletic Conference Player of

Also nominated for the award, which will be an-2011 men's lacrosse preseason nounced in the publication's January issue, are Cortland State senior midfielder Chris on the matter in an online poll DeLuca, Roanoke College senior midfielder Justin Tuma Bradman, the only junior in and Tufts University senior attackman DJ Hessler.



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SU alum Cynewski will play in Indoor Football League

READING, Pa. - The Reading Express of the Indoor Football League have announced the signing of former Salisbury University All-American defensive end Paul Cynewski

The Moorestown, N.J., native was named an American Football Coaches Association first-team All-American and a first-team All-Atlantic Central Football Conference member

During his time with the Sea Gulls, Cynewski appeared in 39 games and recorded 136 total tackles, including 89 solo tackles. Cynewski finished with 20.5 career sacks and dropped opposing quarterbacks for a loss of 156 total yards.

Cynewski will get the chance to square off against former Salisbury University defensive back Brandon Hudson, who is set to play for the Green Bay Blizzard, on April 15 and May

The Express, formerly of the American Indoor Football Association, are set to kick off its inaugural season in the IFL with a home game on Feb. 26 against the Lehigh Valley Steelhawks.

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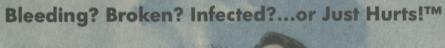
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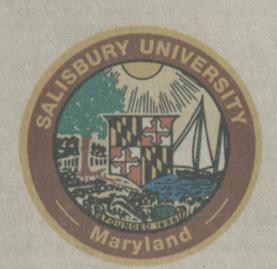
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SALISBURY SPORTS CALENDAR

Tuesday - 12/7

Thursday - 12/9

Friday - 12/10

Saturday - 12/11

Women's basketball vs.

Sunday - 12/12

Monday 12/13

Wednesday - 12/8

Women's basketball vs. Marymount: 6 p.m.

Men's basketball vs. Marymount: 8 p.m.

Goucher: 2 p.m.